

**FREE**

Vol. 28 Issue 36/17

Friday 8th - Thursday 14th September 2017



# KINSALE ADVERTISER

INCLUDING THE GUIDE TO *WHAT'S ON* IN KINSALE & DISTRICT

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# ROGUE FITNESS

## Spinning Schedule

<b>MONDAY</b>	<b>17.30</b>	<b>Begin to Spin</b>
	<b>18.30</b>	<b>Spinning</b>
<b>TUESDAY</b>	<b>06.15</b>	<b>Spinning</b>
	<b>09.30</b>	<b>Spinning</b>
	<b>19.30</b>	<b>Spinning</b>
<b>WEDNESDAY</b>	<b>18.30</b>	<b>Spinning</b>
<b>THURSDAY</b>	<b>06.15</b>	<b>Spinning</b>
	<b>09.30</b>	<b>Begin to Spin</b>
	<b>19.30</b>	<b>Spinning</b>
<b>FRIDAY</b>	<b>18.30</b>	<b>Spinning</b>
<b>SATURDAY</b>	<b>09.30</b>	<b>Spinning</b>

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- Concentration & focus
- Increase body awareness & coordination



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or email [teenyogakinsale@gmail.com](mailto:teenyogakinsale@gmail.com)

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4

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# KINSALE COMMUNITY SCHOOL

# NIGHT CLASSES

## EVERYBODY WELCOME

**ENROLMENT: Tuesday 19th September 2017, 6.30pm-7.15pm**

**TERM STARTS WEEK OF SEPTEMBER 25th**

Please enrol for classes in advance to avoid cancellation of classes

Enrolment can be made in advance at school office or by post to  
Kinsale Community School or on enrolment night.

### MONDAY NIGHTS

Spanish for Beginners . . . . .	€85
8 weeks - 7pm-9pm Mercedes Garcia	
Interior Design . . . . .	€85
8 weeks - 7pm-9pm Valda Rumley (Dip. Interior Design)	
Cambridge First Certificate in English Preparation B2 . . . . .	€90
8 weeks - 7pm-9pm Aine Wade	
Vegetarian and Vegan Healthy Cooking Class . . . . .	€100
Mariagrazia Traverso	
Disarming Global Conflict . . . . .	€90
8 weeks Anthony Angelini	
Computer Course . . . . .	€90
8 weeks Eddie Farren	
Beginners Sugar Craft Course . . . . .	€85
8 weeks - 7pm-8pm Lynn Smith	
Guitar Lessons . . . . .	€90
8 weeks - Patrick O'Donnell	
Bridge for Beginners . . . . .	€90
10 weeks - Bernie O'Halloran	
Sports First Aid Course . . . . .	€90
Monday 25th Sept & Monday 2nd Oct	
Beginners Course in Conversational Irish Rob O'Foghlú . . . . .	€85

### WEDNESDAY NIGHTS

Italian for Beginners . . . . .	€85
8 weeks - 7pm-9pm Mariagrazia Traverso	
Painting with Acrylics 7pm-9pm . . . . .	€90
8 weeks - David Kavanagh BA Fine Art, MA Visual Communication	
Continuation Course in Spanish . . . . .	€85
8 weeks - 7pm-9pm Mercedes Garcia	
Nutrition for Health Hilda Ryan-Purcell . . . . .	€90
Improvers Course in Conversational Irish Rob O'Foghlú . . . . .	€85
Creative Writing Course 8 weeks . . . . .	€85
Ceramics 8 weeks - 7pm-9pm Jukian Smith . . . . .	€90
Paediatric First Aid Course . . . . .	€90
Wednesday 27th Sept & Wednesday 4th Oct 7pm-9pm	
Managing Stress Through CBT . . . . .	€85
8 weeks - 7pm-8pm Linda Hamilton	
Introduction to Food Business Start-Up Gavin Aherne . . . . .	€100

### THURSDAY NIGHTS

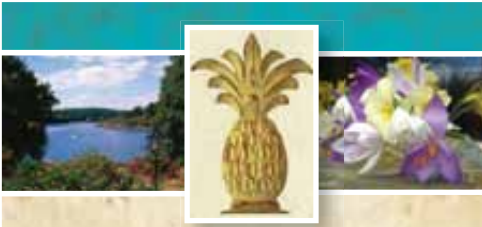
Zumba for Beginners . . . . .	€75
8 weeks - 6.30pm-7.15pm Jamie Grace	

**Classes will break for midterm Monday 30th Oct to Friday 3rd Nov.**

For further details on night classes contact the Director of Adult Education  
Linda Dreelan: 087 849 1935 or 021 477 3174

info@kinsalecommunityschool.ie www.kinsalecommunityschool.ie






# Courtyard Café

Tel: 021 4770878

**AUTUMN OPENING HOURS**  
**Saturday & Sunday**  
**10.30am-5pm ish**

Award Winning Courtyard Retreat  
on Oysterhaven Bay®  
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Home Grown Salads & Produce  
from our Gardens  
Artisan Platters to Share  
& Local Seafood  
Lunch Specials  
Wines & Beers

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Walton Court, Oysterhaven Bay  
[www.WaltonCourt.com](http://www.WaltonCourt.com)  
[www.OysterhavenBay.com](http://www.OysterhavenBay.com)



## KINSALE RFC

# MINI'S RUGBY

### is back!

**Saturday 9th September**  
**9.30am**

*Ages 6-12 years for boys and girls.*

*The coffee shop will be open on the day  
with lots of fun activities.*

*Coaches will be available to answer any  
questions parents may have on the day.*

*There will be activities for parents too so  
ensure to bring your trainers.*

# The Speckled Door

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### 7 days a week

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# *Christmas 2017*



**BLUE HAVEN**  
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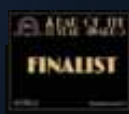
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**STARTS WEDNESDAY 20th SEPTEMBER**

*Learn about the game of tennis in a fun & safe way.*



Age 5-7yrs: 3.30pm - 4.30pm

Age 8-12yrs: 4.30pm - 5.30pm

FEE OPTIONS:

€60/6 weeks €12/drop-in on the day

*Rackets can be provided. Everybody welcome!*

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KINSALE

**FRI 8th SEPTEMBER  
 LIVE MUSIC 10pm**

**SAT 9th SEPTEMBER  
 JONO 8pm  
 HELL FOR LEATHER 10pm  
 DJ RORY • LATE BAR**

**SUN 10th SEPTEMBER  
 FLAKE THE GANDER 9pm  
 DJ RORY • LATE BAR**

**MON 11th SEPTEMBER  
 THE BOOTLEG BHOYS 8pm**

**THURS 14th SEPTEMBER  
 NO FRONTIERS 8pm**

**MONDAYS CHASE THE ACE 9pm  
 LARGE JACKPOT**

**TUESDAYS ROLL THE DICE 6pm**

**WEDNESDAYS BINGO 8.30pm LARGE JACKPOT**

CASEY'S BAR & RESTAURANT, MARKET ST, KINSALE 087 798 3393



# Actons

of Kinsale

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*Our facilities include:*

- 15m heated Swimming Pool
- A separate Toddler's Pool
- Sauna
- Steam Room
- Whirlpool Spa
- Neck, back and body jets around the pool
- Personal Training
- Technogym CV & Weight Equipment
- Stretch Area / Aerobic Floor Area
- A wide variety of Fitness Classes: Aqua, Circuits, Reebok Cycle
- FREE Personalised Fitness Assessments & Programmes

**OPENING TIMES** *(Last entry 30 mins before closing)*

Monday to Friday: 6.30am - 9.00pm

Saturday, Sunday & Bank Holidays: 8.00am - 8.00pm

### CLASSES AVAILABLE

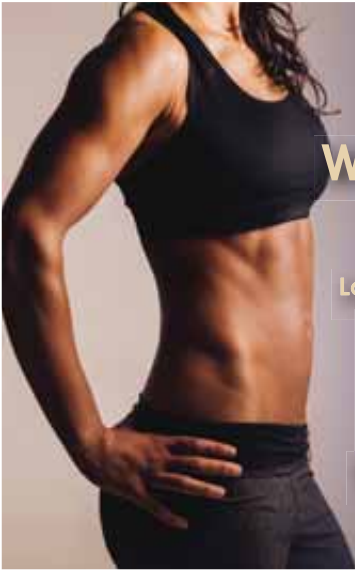
Indoor Cycle • Circuits  
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Pilates • Parent & Toddler  
Swimming Lessons

### PERSONAL TRAINING

45 min Sessions  
€20 (member) or €30 (non-member)  
6 & 8 Week Personal Training  
Programme *starting from €169*

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# ROGUE FITNESS

## WEIGHT LOSS PROGRAMME

**6 Week Weight Loss Programme  
STARTS THIS SEPTEMBER!**

**Lose Weight • Tone Up • Increase Energy • Feel Great**

- 18 x Personal Training Sessions (3 x 30 mins per week)
- Specific Nutritional Plan
- Online Food Tracking & Monitoring
- Weekly Weigh In / Body Measurements

**Price from €360** (Easy Payment Plan - optional)

**A 6 WEEK BALANCED PROGRAMME EXPERTLY DESIGNED  
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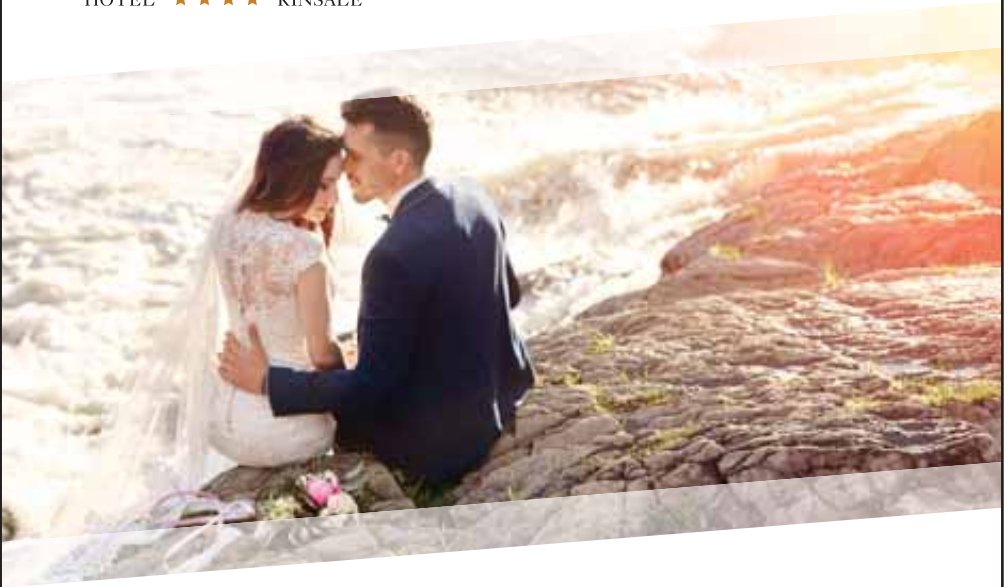
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**BACK BY POPULAR DEMAND!**

**MURDER MYSTERY NIGHT**  
 IN AID OF KINSALE LIONS CLUB

**PRIZE FOR BEST COSTUME!**

RAMPART PLAYERS  
*present*

**MURDER AT DEAD EYE GULCH**

*Yee ha!*

**FRI 29TH & SAT 30TH SEPT, 7.30PM TRIDENT HOTEL**  
 FANCY DRESS OPTIONAL Tickets €40 including 4 Course Meal  
 Tickets on sale at the Boathouse Gallery, 68 Main St, Kinsale Ph: 021 4709981

## KINSALE TOWN SHUTTLE

Departs	Mon-Sat				Sun		
Bus Stop	08:15	11:15	14:15	16:15	11:15	14:15	16:15
Haven Bay	08:20	11:40	14:20	16:20	11:40	14:20	16:20
Community School	08:25	11:45	14:25	16:25	11:45	14:25	16:25
Hospital	08:30	11:50	14:30	16:30	11:50	14:30	16:30
Primary Care Centre/ Shopping	08:35	11:55	14:35	16:35	11:55	14:35	16:35
Charlesfort		12:00	14:45	16:45	12:00	14:45	16:45
Bus Stop		12:15	14:55	16:55	12:15	14:55	16:55



### Kinsale Town Shuttle Fares

- Single Adult Fare €2.00
- Return Adult Fare €3.00
- Free Travel Pass Accepted
- Single Children Fare €1.00
- Return Children Fare €2.00



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**Bar/Bistro** 12pm-10pm

**Dinner** 6pm-10pm

Serving Fresh Seafood, Shellfish, Steaks  
& Stews, delivered daily by local producers.

## MUSIC

Saturday 9th September

**Blue Steel** 10.30pm

Tuesday 12th September

**Mark & Cheese** 9pm

Wednesday 13th September

**Two of a Kind** 9pm

Thursday 14th September

**Two of a Kind** 9pm

## SPORTS

Saturday 9th September

PREMIERSHIP SOCCER

**Man City v Liverpool** 12.30pm

PRO 14 RUGBY

**Munster v Cheetahs** 5.155pm

sky SPORTS

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Over 50 to  
choose from!



**FRIDAY 8th SEPTEMBER 10.30pm**  
**KING K**  
*5 Piece Rockin' Covers*

**SATURDAY 9th SEPTEMBER 10.30pm**  
**THE TOMCATS**  
*4 Piece Rockin' Blues*

**SUNDAY 10th SEPTEMBER 9pm**  
**KING K**  
*5 Piece Rockin' Covers*

**FRIDAY 15th SEPTEMBER 10.30pm**  
**GDR**  
*3 Piece Folk/Rock Covers*

## **Bacchus Nightclub**

**Friday 8th September DJ MARK**  
90s Club Classics & Chart. Doors 11:30pm. Free before 12.

**Saturday 9th September DJ SEAN**  
90s Club Classics & Chart. Doors 11:30pm. Free before 12.

**Friday 15th September DJ MARK**  
90s Club Classics & Chart. Doors 11:30pm. Free before 12.

## **KINSALE POSITIVE AGEING WEEK 2017**

Monday 25th September  
to Wednesday 4th October

*Kinsale will celebrate it's  
seventh annual Positive Ageing Week.*

The aim of the week long celebrations is to promote positivity towards ageing across all generations within our community. To highlight many events that will be held during the week and to promote events that happen on a regular basis.

If you have an event that you would like to promote during the week or would like to become involved please contact  
Deirdre Mullins 087 7991041



"...should we get a heatwave, I'll become a permanent  
**fixture in The Puffin Cafe.**"  
*IRISH EXAMINER Restaurant review.*  
*Joe McNamee. 18/02/2017*



[WWW.THEPUFFINCAFE.com](http://WWW.THEPUFFINCAFE.com)



 **THE SILENT BANJO**  
Main Street, Kinsale

**LIVE MUSIC LINE-UP**

Friday 8th September, 10pm  
**THE MOLLY MAGUIRES**

Saturday 9th September 10pm  
**RAMBLING WEAVERS**

Sunday 10th September, 7pm  
**THE FORMATIONS**

Monday 11th September, 8pm  
**JIMMY WHITE**

Tuesday 12th September, 8pm  
**TIM O'RIORDAN**

Thursday 14th September, 8pm  
**TIMMY TUNES**

*Come on in and  
try our delicious*  
**BAR FOOD**



**BOOK YOUR PRIVATE PARTY**

*(Serving finger food, etc.)*

*Please phone: 087 2358050*

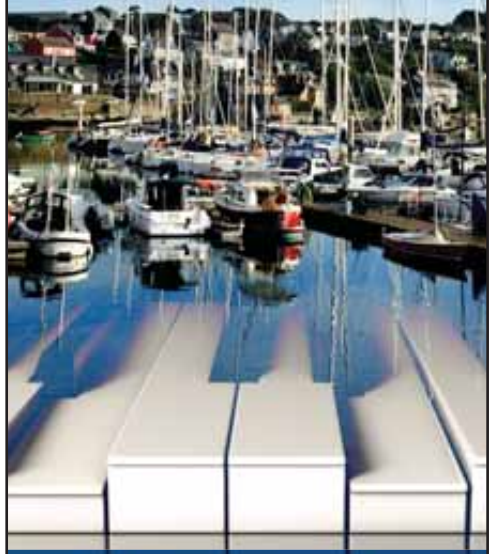
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**LIVE MUSIC 4 NIGHTS A WEEK**  
*Check diary for listings*

**COCKTAIL NIGHT**  
**Every Friday**  
*Come on in and try one!* 

**A BIT OF A WALK**

Jack O'Donoghue has walked all 2500 km  
of the Wild Atlantic Way in aid of Children's  
Medical & Research Foundation (CMRF).

He will be arriving in Kinsale on Friday  
8th September, at around 3.30pm.

*Come out & give him a big Kinsale welcome!*





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**Shawn**  
*O'Dowd*  
**Show**  
*with Marion*

**FOR OTHER LIVE MUSIC**  
*See diary*

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## NOTICES

**Margaret Murphy  
O'Mahony TD**

**CLINICS**

**MONDAY, SEPT 11th**

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Kinsale, Belgooly, Riverstick  
and Minane Bridge.**

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**Anne McCarthy, Old Head**  
*is hosting her*  
**15th ANNUAL COFFEE DAY**  
*in aid of Marymount Hospice*  
**Thursday 14th September**  
**11am - 8pm**  
**EVERYBODY WELCOME**

**KINSALE BAPTIST CHURCH**  
**Sundays, 11am Temperance Hall**  
*All welcome*  
[www.kinsaleabc.ie](http://www.kinsaleabc.ie)

### *Miraculous Prayer*

Dear Sacred Heart of Jesus, in the past I have asked for many favours. This time I ask you this very special one (mention favour). Take it, dear Heart of Jesus and place it within your own broken heart, where our Father sees it. Then in his merciful eyes it will become your favour, not mine, Amen.

*Say this prayer for 3 days, promise publication and the favour will be granted, no matter how impossible. Never known to fail. A*



[www.twitter.com/kinsalenews](http://www.twitter.com/kinsalenews)

29

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FINE GAEL ★

## KINSALE GARDEN & FLOWER CLUB DEMONSTRATION

with Anne Slattery AOIFA

Thursday 14th September, 8pm  
St. Multose Hall - All welcome

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## ADULT DANCE CLASSES

LEARN TO WALTZ, QUICKSTEP, JIVE, ETC.

Starting 13th September 8pm

St. Multose Hall, Kinsale

TO BOOK CONTACT SIMON 086 8188914

## KINSALE HARBOUR CRUISES

Departure beyond Actons Hotel on board 'Spirit of Kinsale'

### SEPTEMBER SCHEDULE

Mon - Fri: 2pm & 3pm

Sat - Sun: 2pm, 3pm & 4pm

See sandwich board at Tourist Office & Pier Rd. for updates



Complimentary Tea/Coffee Served  
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Sunday Times

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# WHAT'S ON IN KINSALE & DISTRICT

Friday 8th  
September to  
Thursday 14th  
September 2017

## FRI 8th SEPT

**ARMADA:** Live Music.  
**BACCHUS NIGHTCLUB:**  
DJ Mark, 11.30pm.  
**BLUE HAVEN:**  
Bought & Sold, 10pm.  
**CANNONBALL RUN:**  
Arrives at Blue Haven,  
2pm to 4pm.  
[www.cannonball.ie](http://www.cannonball.ie)  
**CASEYS, KINSALE:**  
Live Music, 10pm.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office, 10.30am  
or by appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office,  
9.15am, 11.15am.  
**FOLKHOUSE:**  
King K, 10.30pm.  
**HAMLETS:**  
Live DJ, 10pm.  
**KINSALE HARBOUR  
CRUISES:** 2pm, 3pm.  
**SAM'S BAR:**  
Kurt Goodwolf.  
Cocktail Night.  
**SILENT BANJO:**  
Molly Maguires, 10pm.  
**TRIDENT HOTEL:**  
An Intimate Psychic  
Evening with  
Fiona Stewart Williams.  
8-10pm. Tickets €20.  
**VISTA:**  
Billy's Piano Bar at  
the Marina Lounge.  
**WILD ATLANTIC  
WAY WALK:**  
Jack O'Donoghue  
finishes his 2500km walk  
arriving in Kinsale at  
3.30pm.

**SAT 9th SEPT**  
**ARMADA:**  
The Shawn O'Dowd  
Show with Marion.  
**BACCHUS NIGHTCLUB:**  
DJ Sean, 11.30pm.  
**BLUE HAVEN:**  
Arklight, 10pm.  
**CASEYS, KINSALE:**  
Jono, 8pm.  
Hell for Leather, 10pm,  
& DJ Rory.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office, 10.30am  
or by appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office,  
9.15am, 11.15am.

**FOLKHOUSE:**  
The Tomcats, 10.30pm.  
**HAMLETS:**  
Live DJ, 10pm.  
**KINSALE HARBOUR  
CRUISES:**  
2pm, 3pm, 4pm.  
**KINSALE RFC  
MINI'S RUGBY:**  
9.30am. 6-12 years  
for boys and girls.  
**SAM'S BAR:**  
Alan Murphy.  
**SILENT BANJO:**  
Rambling Weavers,  
10pm.  
**TRIDENT HOTEL:**  
Billy Crosbie.  
**WHITE HOUSE:**  
Blue Steel, 10.30pm.

## SUN 10th SEPT

**ARMADA:**  
Free Beer, 8pm.  
**BLUE HAVEN:**  
Traditional Session,  
8.30pm.  
**CASEYS, KINSALE:**  
Flake the Gander,  
10pm. DJ Rory.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office, 10.30am  
or by appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office, 11.15am.  
**FOLKHOUSE:**  
King K, 9pm.  
**HAMLETS:** Old No. 7 with  
Clem Buckley and Ben  
Dillon, 6.30pm.  
**KINSALE BAPTIST  
CHURCH:** 11am,  
Temperance Hall.  
**KINSALE HARBOUR  
CRUISES:**  
2pm, 3pm, 4pm.  
**SAM'S BAR:**  
Americanchics.  
**SILENT BANJO:**  
The Formations, 7pm.

**MON 11th SEPT**  
**BLUE HAVEN:**  
Traditional Irish Music  
with Arundo, 9pm.  
**CASEYS, KINSALE:**  
Chase the Ace,  
Bootlegh Bhoys, 8pm.  
**CLINIC WITH MARGARET  
MURPHY O'MAHONY TD:**  
Ballinhassig, Innishannon,  
Kinsale, Belgooly,  
Riverstick & Minane  
Bridge.

**DALTON'S BAR:**  
Trad singalong.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office,  
10.30am or by  
appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office,  
9.15am, 11.15am.  
**KINSALE HARBOUR  
CRUISES:**  
2pm, 3pm.  
**SILENT BANJO:**  
Jimmy White, 8pm.

## TUES 12th SEPT

**ARMADA:**  
Allsorts, 8pm  
**BLUE HAVEN:**  
Sonny & Friends,  
9.30pm.  
**CASEY'S, KINSALE:**  
Roll the Dice, 6pm.  
**DALTON'S BAR:** Trad.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office, 10.30am  
or by appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office  
9.15am, 11.15am.  
**KINSALE BRIDGE CLUB:**  
Trident Hotel, 7.30pm.  
**KINSALE HARBOUR  
CRUISES:** 2pm, 3pm.  
**SILENT BANJO:**  
Tim O'Riordan, 8pm.  
**WHITE HOUSE:**  
Mark & Cheese, 9pm.

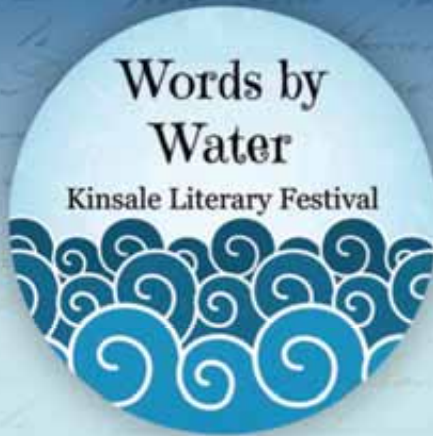
## WED 13th SEPT

**ARMADA:**  
Ferryman, 8pm  
**ADULT DANCE CLASSES:**  
St. Multose Hall, 8pm.  
Booking 086 8188914.  
**BLUE HAVEN:**  
Niall McCabe, 9.30pm.  
**CASEY'S, KINSALE:**  
Bingo Night, 8.30pm.  
**CYCLE SPORTIF ON THE  
WILD ATLANTIC WAY:**  
Stage 1 starts in Kinsale  
**DALTON'S BAR:**  
Trad.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office, 10.30am  
or by appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office  
9.15am, 11.15am.

**DRY EYE CLINIC:**  
At Kennedy's Opticians,  
2pm - 5.30pm.  
**KINSALE HARBOUR  
CRUISES:** 2pm, 3pm.  
**KINSALE KARATE  
SCHOOL:**  
Demonstration &  
Enrolment Evening  
Saile Sports Centre,  
6.30pm to 7.30pm.  
[www.jkairiland.com](http://www.jkairiland.com)  
**RETIREMENT FUNCTION  
FOR AN TATHAIR  
TOMAS O'MURCHU:**  
Actons Hotel, 7.30pm.  
Tickets 087 2375558.  
**SLIMMING WORLD:**  
Saile, 9.30am, 5.30pm  
& 7.30pm.  
**WHITE HOUSE:**  
Two of a Kind, 9pm.

## THUR 14th SEPT

**ANNE MCCARTHY'S  
ANNUAL COFFEE DAY:**  
11am-8pm. In aid of  
Marymount Hospice.  
Old Head.  
**BLUE HAVEN:**  
Arundo, 9.30pm.  
**CASEYS, KINSALE:**  
No Frontiers, 9pm.  
**DALTON'S BAR:** Trad.  
**DERMOT RYAN'S  
HERITAGE TOWN WALKS:**  
Tourist Office, 10.30am  
or by appointment.  
**DON & BARRY'S  
HISTORIC STROLL:**  
Tourist Office  
9.15am, 11.15am.  
**HAMLETS:**  
Niall McCabe, 9.30pm.  
**KINSALE GARDEN &  
FLOWER CLUB:**  
Demonstration with  
Anne Slattery AOIFA.  
St. Multose Hall, 8pm.  
**KINSALE HARBOUR  
CRUISES:** 2pm, 3pm.  
**KINSALE OUTDOOR  
EDUCATION CENTRE:**  
Young Mariner  
Program Open Night  
7.30pm. For students  
aged 14-17. Parents  
and students welcome  
on the night.  
[www.kinsaleoutdoors.com](http://www.kinsaleoutdoors.com)  
**SAM'S BAR:**  
Darren Grimley.  
**SILENT BANJO:**  
Timmy Tunes, 8pm.  
**WHITE HOUSE:**  
Two of a Kind, 9pm.



# Words by Water

5th - 8th October 2017

Kinsale, Co. Cork

## FEATURING

Tara Flynn & Colm O'Regan, Dermot Bolger  
Paul Howard aka Ross O'Carroll Kelly, Carol Drinkwater,  
Rita Anne Higgins, Theo Dorgan, plus lots more...

To become a "Friend" or buy tickets go to

[www.wordsbywater.ie](http://www.wordsbywater.ie)

email: [kinsaleliteraryfestival@gmail.com](mailto:kinsaleliteraryfestival@gmail.com) tel: 086 2895075

